

CERTIFICATE COURSE IN AYURVEDIC PANCHAKARMA THERAPY

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What You will Learn in this Course

1. Introduction to basic Principles of Ayurveda

2. Introduction to Tridosha, Saptadhatu, Trimala Physiology

3. Introduction & Basic Principles of Panchakarma

4. Basic Principles and Importance of Panchakarma

5. Detail knowledge of materials & equipment's used for therapy,

instrument handling, basic record keeping, and computer knowledge

6. Detail Purva karma, Pradhan & Paschat Karma-steps, SOP's,

Management

7. Detail study – Types, Technique indication, Contraindication,

Complications with Management of Following Karma

- Snehan Swedan
- Vamana Virechan
- Basti Raktamokshan
- Nasya Shirodhara

8. Detail Netra kriyakalpa, Ashchotana, Tarpan, Putpak, Bidalak, Seka, Pindi

9. Panchakarma according to Ritu, Awastha, Vyadhi

10. Inclusion of Panchakarma, upakarma, Kriyakalpa in Dincharya for maintaining health

11. Details of Sansarjan karma according to shuddhi

12. Pathya – apathya to be allowed during panchakarma









Hands On Training



Course Output

- 1. Knowledge of Panchakarma Principles
- 2. Proficiency in Panchakarma Techniques
- 3. Work as a Panchakarma Therapiest in clinic and Hospital.
- 4. Practical Skills in Therapeutic Procedures
- 5. Understanding of Herbal Remedies
- 6. Communication and Patient Management
- 7. Compliance with Ethical Standards
- 8. Holistic Health Promotion
- 9. Collaboration and Interdisciplinary Care
- **10. Professional Development**

Eligibility of Course :

10th & 12th Pass Students **Duration of Course:**

2 Months with Online and Offline Batch with Internship



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